

Isoperimetric Inequality: Suppose  $\alpha$  is a simple (i.e., non-self-intersecting) closed plane curve that encloses an area  $A$ .

Then  $\text{length}(\alpha)^2 \geq 4\pi A$ , with equality if & only if  $\alpha$  is a circle.

First off, let's parse to approximate what this says: if you have 5000 ft of fence to enclose a livestock pen, you will give your cows maximum room to move around by making a circle of radius  $\frac{5000}{2\pi}$ .... you can't possibly win by making some crazy shape.

Will need to have some preliminary facts:

Green's Thm: Let  $R \subseteq \mathbb{R}^2$  be a region, let  $\partial R$  be its boundary curve, oriented counterclockwise, & suppose  $P$  &  $Q$  are continuously differentiable functions on  $R$ . Then

$$\int_{\partial R} (P(u,v)du + Q(u,v)dv) = \iint_R \left( \frac{\partial Q}{\partial u} - \frac{\partial P}{\partial v} \right) du dv$$

Goal: If  $\alpha(t) = (x(t), y(t))$  is a closed curve, then the area enclosed by  $\alpha$  is

$$A = \int_{\alpha} x(t)y'(t)dt = - \int_{\alpha} y(t)x'(t)dt$$

Pf: By defn, if  $R$  is the enclosed region,

$$A = \iint_R 1 dx dy \stackrel{\text{Green's}}{=} \int_{\alpha} x dy = \int_{\alpha} x y'(t) dt \quad \text{by letting } Q(x,y) = x \text{ \& } P(x,y) = 0$$

$$\text{or } = - \int_{\alpha} y dx = - \int_{\alpha} y(t)x'(t)dt \quad \text{by letting } Q(x,y) = 0 \text{ \& } P(x,y) = y$$

Wirtinger's Inequality: Let  $h: \mathbb{R} \rightarrow \mathbb{R}$  be a periodic function of period  $2\pi$  which is continuously differentiable & satisfying

$$\int_0^{2\pi} h(t) dt = 0.$$

Then  $\int_0^{2\pi} (h'(t))^2 dt \geq \int_0^{2\pi} (h(t))^2 dt$  with equality  $\Leftrightarrow h(t) = a \cos t + b \sin t$  for some  $a, b \in \mathbb{R}$ .

Proof: Since  $h$  is periodic & smooth, it is equal to its Fourier series:

$$h(t) = \sum_{n=-\infty}^{\infty} c_n e^{int}$$

where the Fourier coefficient  $c_n = \frac{1}{2\pi} \int_0^{2\pi} h(t) e^{-int} dt$ .

